
SBC-Leura Class List and 2023 Timetable

BALLET BUDS PRESCHOOL BALLET: Ages 3-5

- Budding dancers are introduced to the wonder of Ballet through the Australian Teachers of Dancing (ATOD) Pre-Ballet Syllabi. Dancers develop their fine and gross motor skills, improve their listening and social skills, and develop musicality and self-expression while participating in Ballet Buds. This level allows dancers to grow from buds to blooms; laying a strong foundation to flourish in all Studio BalletColourful levels.

YELLOW WATTLE BALLET: Ages 5-7

- Dancers learn and practice the ATOD Foundation Level 1 and 2 Ballet Syllabi.

BLUEBELL BALLET: Ages 7-9

- Dancers learn and practice the ATOD Foundation Level 3 Ballet Syllabus and are introduced to National Character Dance through the ATOD National Character Foundation Syllabus.

SCARLETT ROSE BALLET: Ages 9-11

- Dancers learn and practice the ATOD Silver Level Ballet and National Character Syllabi. Classical Pilates is introduced to this age group and dancers begin learning conditioning exercises to complement their Ballet training.

EMERALD LILY BALLET: Ages 12-14

- Dancers learn and practice the ATOD Gold Level Ballet and National Character Syllabi and are introduced to Open Ballet Class while continuing Classical Pilates. Dancers can begin Point Work at age 12. A pre-point physiotherapist will determine if/when the dancer is ready to wear point shoes.

BLUE ORCHID BALLET: Ages 15-17

- Dancers learn and practice parts of the ATOD vocational syllabi and participate in more advanced Open Ballet Class. Point Work is practiced more frequently, and Classical Pilates becomes more advanced.



BalletColourful
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SBC-Leura 2023 Term Dates

Term 1 2023 (10xweeks)

Monday 30th January to Friday 7th April.

Term 2 2023 (10xweeks)

Monday 24th April to Friday 30th June.

Term 3 2023 (10xweeks)

Monday 17th July to Friday 22nd September.

Term 4 2023 (10xweeks)

Monday 9th October to Friday 15th December.

SBC-Leura Location:

137A Megalong Street Leura NSW 2780 (St Albans Anglican Church Hall.)

Uniform:

Girls: Any coloured leotard, flesh-coloured tights, and flesh coloured ballet shoes. Hair neatly in a Ballet Bun.

Boys: Black tights or shorts (dance belt if necessary), white t-shirt, black or white ballet shoes with white socks. Hair neatly combed off face.

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRI, SAT, SUN
8-9AM					
9-10AM					
10-11AM					
11-12AM					
3:30-4:30PM			BALLET BUDS 3:30-4:15pm (Ages 3-5)	BLUEBELL BALLET (Ages 7-9)	
4:30-5:30PM			YELLOW WATTLE BALLET (Ages 5-7)	SCARLETT ROSE BALLET (Ages 9-11)	
5:30-6:30PM			EMERALD LILY BALLET (Ages 12-14)	BLUE ORCHID BALLET (Ages 15-17)	
6:30-7:30PM			EMERALD LILY BALLET (Ages 12-14)	BLUE ORCHID BALLET (Ages 15-17)	